

# ADULT DEGREE COMPLETION - GENERAL STUDIES MAJOR

A 49-credit, individualized-study program requiring a selection of courses from three areas, plus a one-credit career and professional development course (ADC 300 Degree to Career Success), and a three-credit senior capstone course (ADC 490 Capstone). Students will take 15 credits from each of three areas listed below to demonstrate educational breadth in their studies. For coursework in Areas 1-3, students are expected to complete ADC offerings listed below or similar coursework. The students in General Studies who seek Colorado Licensure through Western's Education Department will satisfy the capstone requirement by completing the licensure unit instead of ADC 490 Capstone.

Code	Title	Credits
Area 1 - Culture and Society (choose five):		15
ENG 310	Food and Travel Writing	
ENVS 100	Introduction to Environment and Sustainability (GT-SS2)	
ESS 320	Psychology of Sport and Physical Activity	
ESS 490	Sociology of Sport and Physical Activity	
HIST 200	Historical Inquiry	
HIST 370	Public History	
HIST 372	Monuments and Museums	
POLS 117	Introduction to Political Ideas (GT-SS1)	
POLS 397	Special Topics	
ROE 351	Inquiry into Sustainability	
SOC 101	Introduction to Sociology (GT-SS3)	
SOC 320	Sociology of Families	
SOC 351	Juvenile Delinquency	
SOC 367	Corrections	
SOC 380	Social Class, Status, and Power	
Area 2 - Education and Human Development (choose five):		15
EDUC 102	Learning & Teaching (GT-SS3)	
EDUC 197	Special Topics in Education	
EDUC 202	Past, Present, and Future of Schooling in the US (GT-SS3)	
EDUC 340	Application of Pedagogy and Practice	
EDUC 397	Special Topics in Education	
ESS 185	Lifetime Wellness	
ROE 182	Introduction to Recreation and Outdoor Education	
ROE 235	Foundations of Teaching Environmental Education	
ROE 240	Alternative Programming	
ROE 283	Leadership and Facilitation	
ROE 391	Experiential Education Theory and Pedagogy	
ROE 398	Program Planning (with laboratory)	
ROE 468	Leadership and Administration	
Business, Communication and Media (choose five):		15
ACC 201	Introduction to Financial Accounting	
BUAD 185	Business Communication	
BUAD 270	Principles of Marketing	
BUAD 327	Social Media Marketing	
BUAD 335	Marketing Communications	

COM 274	Public Relations Communication	
COM 346	Multimedia Communication	
COM 371	Small Group and Conflict Management	
COM 375	Social Media Skills	
COM 377	Intercultural Communication in the Digital Age	
DES 173	Foundation Design: Digital Art and Design	
DES 270	Introduction to Graphic Design and Illustration	
ENG 302	Technical Writing	
ESS 382	Management of Sport and Fitness Facilities	
ESS 450	Risk Management in Physical Activity Settings	
ROE 333	Recreation and Sport Marketing	
<b>Total Credits</b>		<b>45</b>
<b>Course</b>	<b>Title</b>	<b>Credits</b>
<b>Year One</b>		
<b>Fall</b>		
ADC 300	Degree to Career Success	1
Area 1 Elective		3
Area 2 Elective		3
<b>Credits</b>		<b>7</b>
<b>Spring</b>		
Area 2 Elective		3
Area 3 Elective		3
<b>Credits</b>		<b>6</b>
<b>Summer</b>		
Area 1 Elective		3
Area 3 Elective		3
<b>Credits</b>		<b>6</b>
<b>Year Two</b>		
<b>Fall</b>		
Area 1 Elective		3
Area 2 Elective		3
<b>Credits</b>		<b>6</b>
<b>Spring</b>		
Area 2 Elective		3
Area 3 Elective		3
<b>Credits</b>		<b>6</b>
<b>Summer</b>		
Area 2 Elective		3
Area 3 Elective		3
<b>Credits</b>		<b>6</b>
<b>Year Three</b>		
<b>Fall</b>		
Area 1 Elective		3
Area 3 Elective		3
<b>Credits</b>		<b>6</b>
<b>Spring</b>		
Area 1 Elective		3
ADC 490	Capstone	3
<b>Credits</b>		<b>6</b>
<b>Total Credits</b>		<b>49</b>