

NUTRITIONAL SCIENCE COMPREHENSIVE MAJOR: COMMUNITY NUTRITION EMPHASIS

Program Requirements

Nutritional Science Major: Community Nutrition Comprehensive Emphasis

A minimum of 64 credits is required:

Code	Title	Credits
NTR 305	Community Nutrition	3
NTR 310	Nutritional Assessment	3
NTR 320	Nutrition Education and Counseling	3
NTR 400	Nutrition in the Lifecycle	3
NTR 410	Medical Nutrition Therapy (with laboratory)	4
NTR 420	Food Service Systems Management	3
One of the following:		3
ESS 360	Nutrition for Wellness and Performance	
NTR 360	Nutrition and Weight Management	
Two credits of:		2
NTR 490	Senior Seminar in Nutrition	
NTR 499	Internship in Nutrition	
Minimum supporting courses		
BIOL 150	Biological Principles (with laboratory) (GT-SC1)	4
BIOL 201	Introduction to Microbiology (with laboratory)	4
BIOL 300	Basic Nutrition	3
BIOL 372	Human Anatomy and Physiology I (with laboratory)	4
BIOL 373	Human Anatomy and Physiology II (with laboratory)	4
CHEM 111 & CHEM 112	General Chemistry I (GT-SC2) and General Chemistry Laboratory I (GT-SC1)	4
CHEM 113 & CHEM 114	General Chemistry II and General Chemistry Laboratory II	4
ESS 185	Lifetime Wellness	3
MATH 140	College Algebra (GT-MA1)	3
PSY 100	General Psychology (GT-SS3)	3
Either both:		4-8
CHEM 231 & CHEM 234	Introduction to Organic Chemistry and Biochemistry and Introductory Organic and Biochemistry Laboratory	
Or all of the following:		
CHEM 331 & CHEM 334	Organic Chemistry I and Organic Chemistry Laboratory I	
CHEM 332 & CHEM 335	Organic Chemistry II and Organic Chemistry Laboratory II	
Total Credits		64-68

Course	Title	Credits
Year One		
Fall		
CHEM 111	General Chemistry I (GT-SC2)	3

CHEM 112	General Chemistry Laboratory I (GT-SC1)	1
ENG 102	Writing and Rhetoric I (GT-CO1)	3
ESS 185	Lifetime Wellness	3
Gen Ed	General Education	3
HWTR 100	First Year Seminar	1
MATH 140	College Algebra (GT-MA1)	3
Credits		17
Spring		
BIOL 150	Biological Principles (with laboratory) (GT-SC1)	4
CHEM 113	General Chemistry II	3
CHEM 114	General Chemistry Laboratory II	1
Gen Ed	General Education	6
Credits		14
Year Two		
Fall		
BIOL 372	Human Anatomy and Physiology I (with laboratory)	4
ENG 103	Writing and Rhetoric II (GT-CO2)	3
Gen Ed	General Education	6
PSY 100	General Psychology (GT-SS3)	3
Credits		16
Spring		
BIOL 201	Introduction to Microbiology (with laboratory)	4
BIOL 373	Human Anatomy and Physiology II (with laboratory)	4
Gen Ed	General Education	6
Credits		14
Year Three		
Fall		
CHEM 231 & CHEM 234	Introduction to Organic Chemistry and Biochemistry and Introductory Organic and Biochemistry Laboratory	4
OR		
CHEM 331 & CHEM 334	Organic Chemistry I and Organic Chemistry Laboratory I	
NTR 305	Community Nutrition	3
NTR 310	Nutritional Assessment	3
UD Elective	Upper division elective, minor, or second major course	6
Credits		16
Spring		
BIOL 300	Basic Nutrition	3
CHEM 332 & CHEM 335	Organic Chemistry II and Organic Chemistry Laboratory II	4
NTR 320	Nutrition Education and Counseling	3
UD Elective	Upper division elective, minor, or second major course	3-6
Credits		13-16
Year Four		
Fall		
NTR 360 or ESS 360	Nutrition and Weight Management or Nutrition for Wellness and Performance	3
NTR 400	Nutrition in the Lifecycle	3
NTR 410	Medical Nutrition Therapy (with laboratory)	4
UD Elective	Upper division elective, minor, or second major course	6
Credits		16
Spring		
ESS 412 or CHEM 231	Exercise Biochemistry or Introduction to Organic Chemistry and Biochemistry	3
NTR 420	Food Service Systems Management	3
NTR 490 or NTR 499	Senior Seminar in Nutrition or Internship in Nutrition	2
UD Elective	Upper division elective, minor, or second major course	6
Credits		14
Total Credits		120-123